

Family Anchor Statement

Your mission statement is an expression of your goal as the outcome of your divorce and how the process will unfold. This is a joint statement of both you and your spouse, of your shared intention and will be used throughout the process to keep both of you focused on your ultimate goal. It will anchor you in all your negotiations and considerations. It will help focus you on the light at the end of the tunnel as you work through the issues. As a result, your mission statement will help you achieve success in the collaborative process.

Here are some examples:

“We agree we want a peaceful and respectful process that keeps the needs of our children as the top priority and allows each of us to move forward with our lives independently. We want to achieve financial independence and both feel secure about our futures.”

“We have entered the collaborative process because we want to treat each other with respect and to remain friends after our divorce. We want to be able to attend future events for our children feeling comfortable around each other. We want to find solutions that meet both of our goals and is fair.”

Start by considering your own goals and aspirations. What do you want your life to be like when everything is settled and you are moving forward? How do you want the collaborative process to proceed? How do you want to be treated during the process? What would make you feel the collaborative process was a success?

Take some time to write some sentences to put into words your feelings and personal goals for this process. This exercise is about what you both want at a high level so don't get caught up with the details. Bring ideas to your first session with your Family Professional. Eventually, you'll work with your Family Professional and your spouse to develop a Mission Statement you both agree represents your shared goals for this process. We may remind you of your Mission Statement throughout the collaborative process so that you can work together to achieve it.