

My Commitment to Reaching a Settlement

Everyone wants their case to be settled yet sometimes our actions prevent or delay settlement. Your professionals are committed to helping you achieve a settlement, but the most important commitments are made by both of you.

Please review the following and be committed to settling by agreeing with the following:

1. I will seek solutions that will meet my spouse's core concerns and interests. If I don't, I know I won't likely reach an agreement.
2. I will not bully. I will work to find solutions that both me and my spouse can live with, without hard feelings.
3. I will seek help from the professional on our team who has the right skills for the challenge I face.
4. I will problem-solve. This is not a winner-takes-all negotiation. I share problems with my spouse so I will work with my spouse to find solutions together.
5. I will be flexible. I will set priorities and be willing to be flexible on those things that are less important to me.
6. I will be curious. If I am not sure, I will ask someone. I will be curious with my spouse so as to better understand their perspective.
7. I will not judge others.
8. I will give myself a break. I am only human. I have made mistakes in the past and I will make mistakes in the future. Everyone makes mistakes. That's okay. I will forgive myself.
9. I will give my spouse a break. They are human too, will make mistakes, and will need my forgiveness.
10. I will take the high road. If I have a choice, I will always do the right thing.
11. I will be a role model for our children in this process. I will assume our children are able to watch everything I say and do so I will act accordingly.
12. I will not get stuck on a position. I will be open to various solutions.